

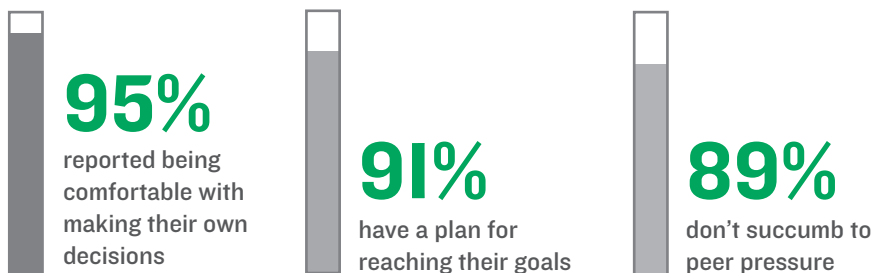
4-H GROWS HERE



4-H learning experiences enhance young people's abilities to grow into tomorrow's leaders and communicators. The structured learning environment combined with encouragement and mentoring allows 4-H programming to play a vital role in helping our youth achieve future success.

Recently, 2,600-plus Kansas youth ages 8 to 18 years old — from both rural areas and cities — participated in a study to determine 4-H's effectiveness in fostering positive connections, encouraging responsible decisions, and developing communication and citizenship skills. The following is a summary of the study's results.

MAKING RESPONSIBLE DECISIONS



Strong decision-making skills enable a young person to effectively navigate life. One of 4-H's principles is viewing youth as active participants in learning and addressing their own needs and interests. Youth create goals, show progress and work with mentors.

More than

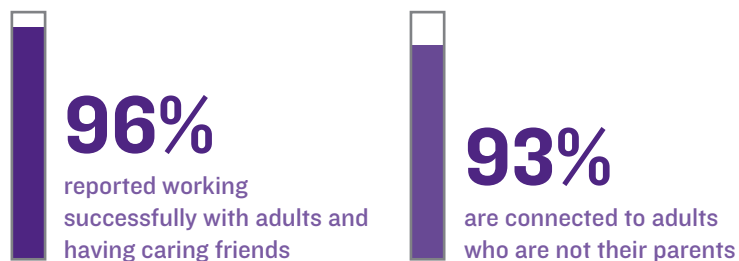
86,000

youth participate in Kansas 4-H



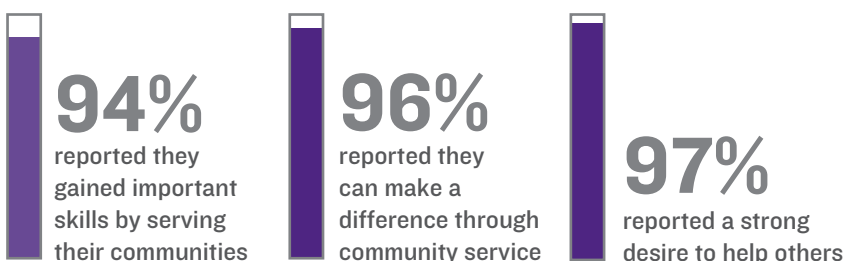
DEVELOPED CONNECTIONS

The overall well-being of a child is largely determined by their perceived satisfaction in relationships with others. A sense of belonging motivates young people to show respect and concern, as well as make them more receptive to guidance from caring adults.



GROWTH IN CITIZENSHIP SKILLS

4-H citizenship programs empower youth to become informed and engaged in their communities. Youth use their decision-making, communication and leadership skills to make a difference.





LEADERSHIP

Strong leadership skills allow youth to analyze their own strengths and weaknesses while maintaining the confidence, motivation and skills to achieve their goals. In 4-H, youth grow as leaders through identifying and carrying out projects that benefit themselves, their families and communities. Youth lead various committees, projects and events to share their knowledge.

95%



of youth reported an increased effort to allow everyone to have a voice

95%



treat everyone fairly and equally when they are in charge of a group



COMMUNICATION

4-H communication opportunities help young people grow their public speaking, personal expression, interactive and professional correspondence skills. Youth give presentations and demonstrations, learn extemporaneous speaking, and practice artistic expression.



60%
increase



4-H participants in their third year or more reported a 60% increase in their confidence in public speaking compared to newer participants

HELP GROW 4-H

Youth-driven 4-H experiences provide access to safe learning environments; challenges that build skills, competencies, and resiliency; and active contributions to society. 4-H helps youth form connections with caring adults that help meet their basic developmental needs of belonging, mastery, independence and generosity.

Community

Share your time, talents and passion by becoming a 4-H Volunteer – Email Volunteer4-h@ksu.edu.

4-H Alumni

Support the Kansas 4-H program by becoming a donor. Contact the Kansas 4-H Foundation at kansas4hfoundation.org.

Parents

Enroll your children in 4-H programs available in communities across Kansas at kansas4-h.org.

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